

# 1-10 Check-Up

Rating System:

1-3 = Need Change/Help      4-5 = Want Change      6-10 = Keep Unless Out of Balance

Really  
Bad

Passing  
Grade

Wonderful

1

5

10

Area	Rating	Goal/Strategy for Next Time
<b>Marriage/</b> Most significant relationship		
<b>Fatherhood/</b> Next most significant relationship		
<b>Health</b> spiritual identity, health purity/integrity emotional health physical health		
<b>Work</b> relationships reputation quality		
<b>Ministry / Care for Others</b>		
<b>Stewardship</b> financial / material time, energy gifts, abilities		
<b>Friendships</b> accountability small group mentorship		